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[Earthquake Relief \(<http://www.ekantipur.com/en/category/detail-32.html>\)](http://www.ekantipur.com/en/category/detail-32.html)

# Trungram Foundation actively involved in Barpak

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GORKHA, MAY 31 - The United Trungram Buddhist Foundation, a non-profit Buddhist organisation, has distributed 30 kg rice, a litre of vegetable oil and lentils each to 1,433 households in Barpak VDC, Gorkha (<http://www.ekantipur.com/en/related-news/gorkha-23242.html>), which was the epicentre of the April 25 earthquake.

President of the foundation Trungram Gyaltrul Rinpoche Sherpa and Constituent Assembly member and President of Nepal Federation of Indigenous Nationalities Nagendra Kumal jointly distributed the relief material in the village.

“Though Nepalis have lost so much, they haven’t given up yet. This has made me hopeful that Nepal will recover from the devastation soon,” said the Rinpoche.



The Rinpoche—who has a doctoral degree in Indo-Tibetan Buddhist Studies from Harvard University and conducts meditation courses in Europe and the US—started involving himself in helping the villagers right after the Great Quake struck. He set up the Buddhist Relief Service Fund to help earthquake survivors in Nepal.

Kumal said that restoring the rich Ghale culture and their unique lifestyle would be a challenge. “The government should consider

the cultural aspects of a community while rebuilding the settlements destroyed by the quake,” said Kumal.

Almost 95 percent of the houses in Barpak have been completely destroyed by the quake and people are still living out in the open under tarpaulins. The locals said that they were worried about the impending monsoon. Krishna Ghale, a teacher, said that the locals urgently needed better temporary shelters as they were not in a position to build houses immediately. “Zinc sheet would be better option,” he said.

According to Karma Tsering Sherpa, vice president of the foundation, they have already spent Rs 4 million in distributing rations and medicine and building temporary shelters in different earthquake-hit districts.

The foundation is also planning long-term recovery programmes, which includes helping people re-establish themselves, founding an orphanage for those who lost their parents in the quake and rebuilding monasteries in different parts of the country.

**Posted on:** 2015-05-31 07:34

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